



OCTOBER 2022

Monday Avon 9:30am – 5pm	Tuesday Edwards 9:30am – 5pm	Wednesday Eagle/Gypsum 9:30am – 5pm	Thursday Gypsum/Dotsero/El Jebel 1pm – 5pm
3 <i>Aspens Mobile Homes</i>	4 <i>Eagle River Mobile Homes</i>	5 <i>Eagle Town Park</i>	6 <i>Spring Creek Villages</i>
Health, Heart & Diabetes Exams Flu Shots 2pm-5pm Body Composition Screenings Community Fitness Class 4pm Medicaid Enrollments Supplemental Nutrition Assistance Program	Health, Heart & Diabetes Exams Flu Shots 2pm-5pm Body Composition Screenings Community Fitness Class 4pm Medicaid Enrollments Supplemental Nutrition Assistance Program	Health, Heart & Diabetes Exams Flu Shots 2pm-5pm Body Composition Screenings Community Fitness Class 4pm Medicaid Enrollments Supplemental Nutrition Assistance Program EAGLE COUNTY PARAMEDIC SERVICES	Health, Heart & Diabetes Exams Flu Shots 2pm-5pm Body Composition Screenings Community Fitness Class 4pm Medicaid Enrollments Supplemental Nutrition Assistance Program EARLY HEAD START 1pm-5pm Public Health & Environment Supplemental Nutrition Assistance Program
10 <i>Eagle Bend Apartments</i>	11 <i>Lake Creek Apartments</i>	12 <i>Eagle Valley High School</i>	13 <i>Two Rivers Village</i>
HAPPY COLUMBUS DAY Health, Heart & Diabetes Exams Flu Shots 2pm-5pm Body Composition Screenings Community Fitness Class 4pm Medicaid Enrollments Supplemental Nutrition Assistance Program	Health, Heart & Diabetes Exams Flu Shots 2pm-5pm Body Composition Screenings Community Fitness Class 4pm Medicaid Enrollments Supplemental Nutrition Assistance Program	Health, Heart & Diabetes Exams Flu Shots 2pm-5pm Body Composition Screenings Community Fitness Class 4pm Medicaid Enrollments Supplemental Nutrition Assistance Program EAGLE COUNTY PARAMEDIC SERVICES EARLY HEAD START 10-2pm	Health, Heart & Diabetes Exams Flu Shots 2pm-5pm Body Composition Screenings Community Fitness Class 4pm Medicaid Enrollments Supplemental Nutrition Assistance Program EAGLE COUNTY PARAMEDIC SERVICES EARLY HEAD START 10-2pm
17 <i>Aspens Mobile Homes</i>	18 <i>Eagle River Mobile Homes</i>	19 <i>Eagle Villas Apartments</i>	20 <i>Dotsero Mobile Homes</i>
Health, Heart & Diabetes Exams Flu Shots 2pm-5pm Body Composition Screenings Community Fitness Class 4pm Medicaid Enrollments Supplemental Nutrition Assistance Program GOBIERNO DE MEXICO	Health, Heart & Diabetes Exams Flu Shots 2pm-5pm Body Composition Screenings Community Fitness Class 4pm Medicaid Enrollments Supplemental Nutrition Assistance Program	Health, Heart & Diabetes Exams Flu Shots 2pm-5pm Body Composition Screenings Community Fitness Class 4pm Medicaid Enrollments Supplemental Nutrition Assistance Program EAGLE COUNTY PARAMEDIC SERVICES	Health, Heart & Diabetes Exams Flu Shots 2pm-5pm Body Composition Screenings Community Fitness Class 4pm Medicaid Enrollments Supplemental Nutrition Assistance Program EARLY HEAD START 10-2pm
24 <i>Riverview Apartments</i>	25 <i>Lake Creek Apartments</i>	26 <i>The Community Market Gypsum</i>	27 <i>English in Action, El Jebel</i>
Health, Heart & Diabetes Exams Flu Shots 2pm-5pm Body Composition Screenings Community Fitness Class 4pm Medicaid Enrollments Supplemental Nutrition Assistance Program	Health, Heart & Diabetes Exams Flu Shots 2pm-5pm Body Composition Screenings Community Fitness Class 4pm Medicaid Enrollments Supplemental Nutrition Assistance Program	Health, Heart & Diabetes Exams Flu Shots 2pm-5pm Body Composition Screenings Community Fitness Class 4pm Medicaid Enrollments Supplemental Nutrition Assistance Program WIC WOMEN, INFANTS & CHILDREN THE COMMUNITY MARKET EARLY HEAD START 10-2pm	English in Action building community since 1984 Supplemental Nutrition Assistance Program THE COMMUNITY MARKET

MIRA brings FREE resources and services throughout Eagle County:

- Information/referrals on behavioral health, medical & dental services
- Information/referrals to early childhood & physical activity programs
- Connections/referrals/enrollment to nutrition programs: (SNAP; WIC: Women, Infant, Children consultations)
- Personalized analysis of individual body composition
- Exercise fitness class open to all
- The Community Market: FREE food**
- Early Childhood Partners: parenting & infant mental health information
- EC Paramedics; Early Headstart

Resource connection HOURS:

- Health, Heart & Diabetes Exams: 9:30am-5pm
- Health Insurance Enrollments: 9:30am-5pm
- Body Composition Screenings: 3:30pm-4pm
- Community Fitness Class: 4pm
- EC Paramedics: 3pm-5pm



Flu shots
2-5pm



On the 5th and 19th will provide vouchers to get a free flu vaccine at the Eagle Public Health Office.



OCTUBRE 2022

Lunes Avon 9:30am – 5pm	Martes Edwards 9:30am – 5pm	Miércoles Eagle/Gypsum 9:30am – 5pm	Jueves Gypsum/Dotsero/El Jebel 1pm – 5pm
3 <i>Aspens Mobile Homes</i>	4 <i>Eagle River Mobile Homes</i>	5 <i>Eagle Town Park</i>	6 <i>Spring Creek Villages</i>
<p>Examen de Salud, diabetes y de el corazon</p> <p>Vacuna para gripe 2pm-5pm</p> <p>Inscripciones a Medicaid</p> <p>Evaluación de la composición corporal</p> <p>Clase de actividad fisica para la comunidad 4PM</p>	<p>Examen de Salud, diabetes y de el corazon</p> <p>Vacuna para gripe 2pm-5pm</p> <p>Inscripciones a Medicaid</p>	<p>Examen de Salud, diabetes y de el corazon</p> <p>Inscripciones a Medicaid</p> <p>EAGLE COUNTY PARAMEDIC SERVICES</p>	<p>EARLY HEAD START 1-5pm</p> <p>Vacuna para gripe 2pm-5pm</p>
10 <i>Eagle Bend Apartments</i>	11 <i>Lake Creek Apartments</i>	12 <i>Eagle Valley High School</i>	13 <i>Two Rivers Village</i>
<p>Día de COLUMBUS</p> <p>Examen de Salud, diabetes y de el corazon</p> <p>Evaluación de la composición corporal</p> <p>Clase de actividad fisica para la comunidad 4PM</p> <p>Vacuna para gripe 2pm-5pm</p>	<p>Examen de Salud, diabetes y de el corazon</p> <p>Inscripciones a Medicaid</p> <p>Evaluación de la composición corporal</p> <p>Clase de actividad fisica para la comunidad 4PM</p> <p>Vacuna para gripe 2pm-5pm</p>	<p>Examen de Salud, diabetes y de el corazon</p> <p>Vacuna para gripe 2pm-5pm</p> <p>Health Insurance Enrollments</p> <p>EARLY HEAD START 10-2pm</p> <p>EAGLE COUNTY PARAMEDIC SERVICES</p>	<p>Vacuna para gripe 2pm-5pm</p> <p>EAGLE COUNTY PARAMEDIC SERVICES</p>
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MIRA trae recursos y servicios GRATIS en todo el Condado de Eagle:

- Informacion y referencias sobre servicios de salud conductual, medicos y dentales.
- Informacion/referencias a programas de primera infancia y actividad fisica
- Conexiones/ referencias/ inscripcion a programas de nutricion: (SNAP; WIC: consultas para mujeres, bebes y niños)
- Analisis personalizado de la composicion corporal individual
- Clase de ejercicio fisico abierta para todos
- **The Community Market: Comida Gratis**
- Socios de la primera infancia: informacion sobre crianza y salud mental infantil
- Eagle County Paramedic Services ;Early Head Start (Comienzo de primera infancia).

Conexion de recursos HORAS:

Salud, Exámenes de corazon y diabetes 9:30am-5pm
 Inscripciones para Medicaid : 9:30am-5pm
 Evaluacion de composicion corporal: 3:30pm-4pm
 Clase de gimnasio comunitario: 4pm
 EC Paramedicos: 3pm-5pm



2-5pm



Vacunas contra la gripe
 Los días 5 y 19:
 Proporcionaremos cupones para obtener una vacuna contra la gripe gratis en la Oficina de Salud Pública de Eagle.